

THE HERNIA CENTER

Complete Hernia Care

OUR PHILOSOPHY OF HERNIA CARE

Patient Partnership for Surgery

The best results from hernia surgery requires the patient to prepare for surgery. We make a preoperative risk assessment that guides our counseling and preparation for each patient.

Innovative Surgical Technique

New minimally invasive techniques have reduced complications and improved outcomes. Our surgeons are experts in advanced hernia surgery and continue to innovate and apply new improvements.

Best Hernia Materials

Mesh materials are an important part of hernia surgery today. Our center utilizes the safest and most innovative materials to provide better care for patients.

Long Term Follow-up

Hernia is a chronic disease and can recur. The best way to deliver the best care is to follow hernia patients over many years.



OUR SURGEONS:

A. Mariah Alexander, M.D.
Gregory J. Mancini, M.D.
Matthew L. Mancini, M.D.
Henry S. Nelson, Jr., M.D.
Melissa S. Phillips, M.D.

ARE YOU RECEIVING THE BEST HERNIA CARE?

Visit us at

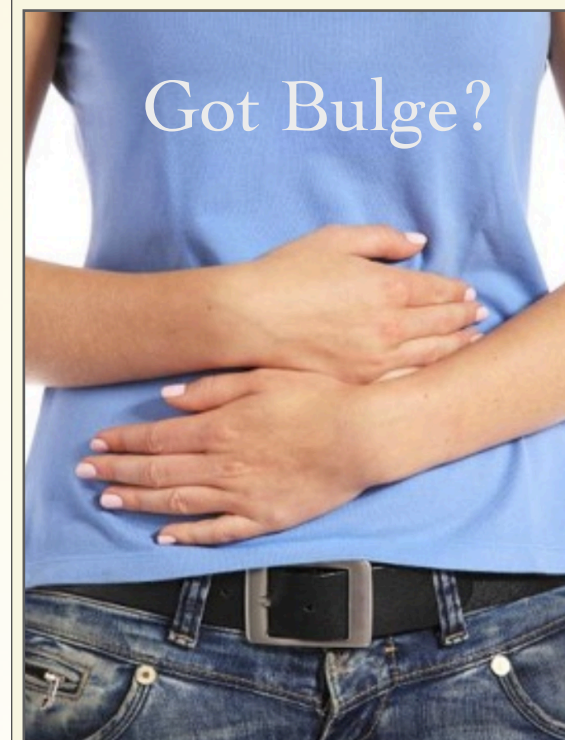
utsurgery.com

For appointments call
865-305-9620

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UNIVERSITY
SURGEONS
ASSOCIATES, P.C.

INGUINAL HERNIA STORY

“The best chance to achieve a durable and functional inguinal hernia repair is at the first operation.”



- Matthew L. Mancini, M.D.

- ◆ Laparoscopic Inguinal hernia surgery has **less post-op pain**, both short and long term
- ◆ Less than 20% of inguinal hernias are fixed laparoscopically in Tennessee
- ◆ Over 80% of University Hernia Center patients have Laparoscopic Inguinal Hernia Repairs
- ◆ Only Center with Fellowship Trained Hernia Surgeons

GOT BULGE? YOU MAY HAVE A HERNIA

Ventral Hernia Facts:

Fact 1: A hernia is a hole or defect in the abdominal wall that allows the internal organs to protrude outward under the skin.

Fact 2: Once formed a hernia will not go away until surgically repaired, if not repaired it will increase in size over time and increase the risks for complications.

Fact 3: Today, mesh implants are most often used to reinforce the surgically repaired hernia to reduce the chance of hernia recurrence.



“Complete hernia care means:

- ◆ **Patient partnership**
- ◆ **Innovative surgical techniques**
- ◆ **The best hernia materials**
- ◆ **Long-term follow-up”**

- Gregory J. Mancini, M.D.

Abdominal Wall Reconstruction, what is that?



“It is an advanced surgical technique designed to rebuilds muscular anatomy which restores abdominal wall function in patients with hernias that are too complex for a “typical” hernia repair.”

-Melissa S. Phillips, M.D.

MODIFIABLE RISK FACTORS FOR HERNIA REPAIR:

- 1) Body Mass Index
- 2) Smoking
- 3) Immunosuppression
- 4) Severe Comorbidity
- 5) Inactivity

We develop a customized hernia care plan to help optimize a patient before surgery. This reduces complications and improves patient outcomes.